# SYLLABUS: Nursing Orderly in W&CD

### Basics of Nursing and First Aid

- 1. Fundamentals of Nursing
  - o Basic Nursing Procedures
  - o Patient Care Techniques
  - Hygiene and Sanitation Practices
- 2. First Aid
  - o Basic First Aid Techniques
  - o Management of Common Injuries
  - o Emergency Response Procedures
- 3. Hospital Procedures
  - o Admission and Discharge Procedures
  - o Transporting Patients within the Hospital
  - o Preparation of Patients for Surgery and Tests
- 4. Personal Care of Patients
  - o Assisting with Personal Hygiene
  - o Feeding Patients and Managing Nutrition
  - Handling and Observation of Patients

## Child Care and Pediatric Nursing

- 1. Introduction to Pediatric Nursing
  - o Growth and Development of Children
  - Common Pediatric Diseases and Conditions
  - o Pediatric Nursing Procedures
- 2. Patient Interaction and Communication
  - o Communicating with Children and Families
  - o Managing Child Patient Behavior
  - o Providing Emotional Support
- 3. Specific Duties in Child Care
  - o Assisting in Diagnostic and Treatment Procedures
  - o Handling Pathological Specimens
  - o Sterilization of Instruments and Dressing Wounds

# Hospital Management and Record Keeping

- 1. Administration
  - Coordination with Medical and Nursing Staff
  - o Ethical and Legal Aspects of Hospital Work
- 2. Record Keeping
  - o Maintaining Patient Records
  - o Inventory Management of Medical Supplies
  - o Reporting and Documentation

#### Health and Hygiene

- 1. Personal Hygiene
  - o Importance of Personal Cleanliness
  - o Techniques for Maintaining Hygiene
  - o Impact of Hygiene on Health
- 2. Environmental Sanitation
  - o Cleanliness in Hospital Wards
  - Waste Management and Disposal
  - o Prevention of Hospital-Acquired Infections
- 3. Nutrition and Health
  - o Basic Nutrition Principles
  - o Dietary Needs of Patients
  - o Importance of Hydration