



No. F.55(05)/DSSSB/EXAM-II/2015/364

Dated: 24/11/15

INSTRUCTIONS TO CANDIDATES FOR PHYSICAL ENDURANCE TEST (PET) FOR THE POST OF SUB OFFICER (POST CODE-103/07 & 69/14) IN DELHI FIRE SERVICE

The reporting time at the test centre will be 8.00 AM to 8.30 AM. In any case, no entry will be allowed after 8.30 AM. Late comers will be considered as **absent**.

1. Based on the application for the post of Sub Officer, you have been provisionally qualified for appearing in Physical Endurance Test (PET) which is qualifying in nature as per recruitment rules for selection to the post of Sub Officer under post code-103/07 & 69/14.
2. e-Admit cards are being uploaded on the official web site of DSSSB i.e. **dsssb.delhigovt.nic.in** and eligible candidates may download their e-admit card w.e.f. **27.11.2015** at 05.00 PM to 12.12.2015 up to 11.59 PM. In case, any candidate finds difficulties in downloading the e-admit card he/she may contact the Board Office on Telephone No. 22379204/22370307 or may approach the DSSSB office at above address on 09.12.2015 between 10.00 AM to 5.00 P.M. alongwith proof of their identity.
3. If any candidate appearing for the above examination finds that his /her name, reservation category, post name, post code, photo, signature are missing or incorrect in his admit card, he/she should get it rectified by visiting the Board office on 09.12.2015 between 10 AM to 05 PM alongwith proof of relevant original documents. Any modification of the admit card at the examination venue will not be allowed.
4. No candidate without Admit Card (issued by the Board) and Photo identity card (Voter ID Card, Aadhar Card, Govt. ID card, Driving License) shall be allowed to enter the test venue.
5. Any kind of malpractices such as impersonation, canvassing, usage of steroids etc. shall invite penal action including rejection from present test as well as debarring from future examinations/tests.
6. The candidature to the Physical Endurance Test is entirely provisional and subject to the outcome of direction/decision/order pronouncement of any Court of Law and mere issue of Admit Card or appearance at the Test does not entitle the candidate to any claim for the post.
7. The Board reserves the right to cancel a part of or entire process of Test due to administrative reasons and in case of unfair means, cheating or other irregularities/malpractices if noticed by the Board. The Board also reserves the right to cancel Test Centre or set up a new centre and divert the candidates to appear at new centre, if required. No request for change in date, time and centre of Test will be accepted under any circumstances.
8. The Board reserves the right to reject the candidature of any ineligible candidate at any stage of recruitment/selection.
9. Any dispute with regard to this recruitment will be subject to courts/tribunals having jurisdiction over Delhi.
10. No TA/DA is admissible to any candidate for appearing in the test.

11. All candidates are strictly advised to wear vest/T-shirt for affixing chest badge for clear identification during Physical Endurance Test (PET).
12. The candidate should scrupulously follow these instructions and also that of the designated officers of the Board at the Test Centre failing which the candidature of the candidate may be cancelled.
13. **Candidates shall bring with them copies of all documents supporting their candidature for the post, with one recent attested photograph (duly attested by Gazetted Officer) on the day of Physical Endurance Test.**
14. **Candidates should also bring his/her Photo Identity proof in original.**
15. The details of PET parameters post code wise are as follows :

Post code: 103/07 (Sub Officer)

Physical Standards Essential:

1. Minimum Height 165 Centimeters (relaxable of 5 centimeters for hilly area people).
2. Minimum Weight -50 Kg.
3. Chest (normal)- 81 centimeters chest (expanded) 86.5 centimeters.
4. Eye sight – 6/6 without correction.

Disqualification:

1. Wearing glasses/color blindness and squint eye.
2. Flat Feet.
3. Knock Knee.
4. Deformity of any limb/extra limb.

Desirable : Heavy Vehicle Driving License.

POST CODE -69/14 (SUB OFFICER):

Physical Standard: Essential:

1. Minimum Height 165 centimeters (relaxable of 5 centimeters for hill area people).
2. Minimum Weight 50 Kg.
3. Chest: (Normal) 81 centimeters Chest (Expanded) 86.5 centimeters.
4. Eye sight 6/6 without any correction.

DISQUALIFICATION:

1. Wearing glasses/colour blindness & squint eye.
2. Flat feet.
3. Knock Knee.
4. Deformity of any limb/ extra limb.

Desirable : Heavy Vehicle Driving License.

(Performance score points 1-10 points) for PET of Post codes 103/07 & 69/14

S.No.	Test items	Minimum Qualified standard	1	2	3	4	5	6	7	8	9	10
1	Long Jump (Mtrs.)	2.80	2.80 & above	3.10	3.40	3.70	4.0	4.30	4.60	4.90	5.20	5.50 above
2	High Jump (Mtrs.)	0.80	0.80 & above	0.90	1.0	1.10	1.20	1.30	1.40	1.50	1.60	1.70 above
3	800 Mtrs Run (Sec.)	200	200 & above	200	195	190	185	180	175	170	165	160 above

- This post is identified not suitable for PH persons as per the requisition of the User Department.

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DY-COT-(EXAM)