



GOVT. OF NCT OF DELHI
Delhi Subordinate Services Selection Board
FC-18, Institutional Area, Karkardooma, Delhi – 110 092.
www.dsssb.delhigovt.nic.in

No. F.(21)/DSSSB/EXAM-II/2016/ 186

Dated: 17/6/16

NOTICE OF PHYSICAL ENDURANCE TEST TO THE SHORTLISTED CANDIDATES FOR THE POST OF WARDER (37/13), MATRON (36/13), ASSISTANT SUPERINTENDENT (38/13) IN DELHI PRISON & FOREST GUARD (68/14) IN FOREST AND WILD LIFE.

The Physical Endurance Test for the Post code 37/13 (Warder) will be conducted from 01.07.2016 to 09.07.2016 (except Sunday), 36/13 (Matron) will be conducted on 12.07.2016, Assistant Superintendent(38/13) will be conducted on 13.07.2016 in Prison Department & 68/14 (Forest Guard) in the Department of Forest & Wild Life will be conducted on 14.07.2016. The list of provisionally qualified candidates is available on website <http://dsssb.delhigovt.nic.in>.

The Physical Endurance Test for these posts have been fixed at Chhatrasal Stadium, Model Town, Delhi-110009 for which e-admit cards are being issued to the short listed candidate.

The e-admit card for the above mentioned post codes are being uploaded on the website of DSSSB i.e. dsssonline.nic.in.

The shortlisted candidates are directed to download their e-admit card w.e.f. 20.06.2016 at 11.00 AM to 30.06.2016 up to 11.59 PM.

The Reporting time at Test venue is 2:00 PM. No candidate without valid Admit card and Photo identity card shall be allowed to enter the test venue under any circumstances. Candidates are also directed to follow the detailed instructions, which are uploaded on the official website of DSSSB i.e. www.dsssb.delhigovt.nic.in.

Further, candidates are advised to visit the official website of DSSSB i.e. www.dsssb.delhigovt.nic.in regularly for information related to Physical Endurance Test (PET).

Sd/-
Dy. Controller of Exam -II



GOVT. OF NCT OF DELHI
Delhi Subordinate Services Selection Board
FC-18, Institutional Area, Karkardooma, Delhi – 110 092.
www.dsssb.delhigovt.nic.in

INSTRUCTIONS TO CANDIDATES FOR PHYSICAL ENDURANCE TEST (PET) FOR THE POST OF MATRON (POST CODE-36/13) , WARDER (POST CODE-37/13), ASSTT. SUPDT. (POST CODE-38/13) IN DELHI PRISONS AND 68/14(FOREST GUARD) IN DEPARTMENT OF FOREST AND WILD LIFE.

The reporting time at the test centre will be 1.00 PM. In any case, no entry will be allowed after 2:00 PM . Late comers will be considered as **absent**.

1. Based on result of written examination held on 02.03.2014 & 09.03.2014, you have been provisionally qualified for appearing in Physical Endurance Test (PET) which is qualifying in nature as per recruitment rules for selection to the post of Matron, Warder, Assistant Superintendent under post codes 36/13, 37/13, 38/13 & 68/14.
2. e-Admit cards are being uploaded on the official web site of DSSSB i.e. **dsssbonline.nic.in** and eligible candidates may download their e-admit card w.e.f. 20.06.2016 at 11.00 AM to 30.06.2016 up to 11.59 PM. In case, any candidate finds difficulties in downloading the e-admit card he/she may contact the Board Office on Telephone No. 22379204/22370307 or may approach the DSSSB office at above address on 28.06.2016 & 29.06.2016 between 10.00 AM to 5.00 P.M. alongwith proof of their identity.
3. If any candidate appearing for the above examination finds that his /her name, reservation category, post name, post code, photo, signature are missing or incorrect in his admit card, he/she should get it rectified by visiting the Board office on the date and time mentioned in point No. 2. Any modification of the admit card at the examination venue will not be allowed.
4. No candidate without e- Admit Card (issued by the Board) and Photo identity card shall be allowed to enter the test venue.
5. Any kind of malpractices such as impersonation, canvassing etc. shall invite penal action including rejection from present test as well as debarring from future examinations.
6. The candidature to the Physical Endurance Test is entirely provisional and subject to the outcome of direction/decision/order pronouncement of any Court of Law and mere issue of Admit Card or appearance at the Test does not entitle the candidate to any claim for the post.
7. The Board reserves the right to cancel a part of or entire process of Test due to administrative reasons and in case of unfair means, cheating or other irregularities/malpractices if noticed by the Board. The Board also reserves the right to cancel Test Centre or set up a new centre and divert the candidates to appear at new centre, if required. No request for change in date, time and centre of Test will be accepted under any circumstances.
8. The Board reserves the right to reject the candidature of any ineligible candidate at any stage of recruitment/selection.
9. Any dispute with regard to this recruitment will be subject to courts/tribunals having jurisdiction over Delhi.

9. Any dispute with regard to this recruitment will be subject to courts/tribunals having jurisdiction over Delhi.
10. No TA/DA is admissible to any candidate for appearing in the test.
11. All candidates are strictly advised to wear vest/T-shirt for affixing chest badge for clear identification during Physical Endurance Test (PET).
12. The candidate should scrupulously follow these instructions and also that of the designated officers of the Board at the Test Centre failing which the candidature of the candidate may be cancelled.
13. **Candidates shall bring with them copies of all documents supporting their candidature for the post, with one recent attested photograph (duty attested by Gazetted Officer) on the day of Physical Endurance Test.**
14. **Candidates should also bring his/her Photo Identity proof in original.**
15. The details of PET parameters post code wise are as follows :

Post code: 37/13 WARDER (Reserved for Male)

Physical Standards Essential: Sound state of health, free from defect/deformity /disease, vision 6/6 without glasses, both eyes free from colour blindness. Height: 170 cms. (Relaxable by 5 cms for candidates belonging to Gorkhas/Garwalis/Dogras and Schedule Tribe candidates), Chest : Normal 81-85 cms and expandable by 05 cms (Relaxable by 5 cms for candidates belonging to Gorkhas/Garwalis/Dogras and Schedule Tribe candidates).

Note :1. No relaxation permissible for physical standards.

Physical Endurance Test: (PET) (a) 1600 meters race in six minutes. **Note 2:** Those who qualify in the race shall be further eligible to appear in the following tests: (b) 13 feet Long jump and 3 feet 9 inch high jump (qualifying in three chances).

Note:3: There would be no appeal against the physical endurance test. **Note: 4** Before joining, a checkup will also be made for any defect or deformity (including bow-legged, knocked knees, flat feet etc.) which would render the candidate ineligible for recruitment.

Post Code: 36/13 Matron (Female)

Physical Standards Essential : Sound status of health, free from defect/deformity/disease, vision 6/6 without glasses, both eyes free from colour blindness. Height: 157 Cms. (Relaxable by 5 cms for candidates belonging to Gorkhas/Garwalis /Dogras and Schedule Tribe candidates), **Note 1:** No relaxation permissible for physical standards. **Physical Endurance Test:** (a) 800 Mtrs race in four minutes. **Note 2:** Those who qualify in the race shall be further eligible to appear in the following tests: (b) 09 feet long jump and 03 feet High jump (qualifying in three chances) **Note 3:** There would be no appeal against the physical endurance test: **Note : 4 :** Before joining, a checkup will also be made for any defect or deformity(including bow-legged, knocked knees, flat feet etc.) which would render the candidate ineligible for recruitment.

POST CODE: 38/13 ASSISTANT SUPERINTENDENT

Physical Standards Essential: Physical Standard (for Male): Height:5' 4 ½" for Gorkhas & Gogras, 5'6" for others. Chest: 32' (Girths).

Physical standard (for Female) : Height: 5' 0" **Note:** No relaxation permissible for physical standard.

Physical Endurance Test (PET) for male: (a) 1600 meters race in 06 (six) minutes and 30 seconds.

Note : Those who qualify in the race shall be further eligible to further eligible to appear in the following tests: i. High Jump – 3'6" (To be achieved in any one of the three chances that will be given). ii. Broad jump/Long jump – 13.0 feet (To be achieved in any one of the three chances that will be given).

Physical Endurance Test (PET) for female: (a) 800 meters race in 4(four) minutes and 30 seconds.

Note: Those who qualify in the race shall be further eligible to appear in the following tests: (i) High Jump-3'.00 feet" (To be achieved in any one of the three chances that will be given). ii. Broad jump/Long jump – 9.0 feet (To be achieved in any one of the three chances that will be given). **Note :** there would be no appeal against the PET.

Note: Before joining, a check will also be made for any defect or deformity (including now-legged, knocked knees, flat-feet etc.) which would render candidate ineligible for recruitment.